

Our mission: Protect, promote, and improve the health and prosperity of people in Tennessee.

## TCHD – Services Offered

### Baby & Me – Tobacco Free

This program's goal is to reduce the number of low birth weight babies in Tipton County by reducing the number of women who smoke during and after their pregnancy. Women enrolled in the program attend four prenatal sessions where they receive information on smoking cessation and take a carbon monoxide breath test. If a woman quits successfully before delivery, she may come monthly to take a breath test and receive \$25 worth of diapers every month for up to 1 year as long as she stays tobacco free. There is no income requirement for this program.

### Breast and Cervical Cancer Screenings

This program's goal is to reduce cancer death and illness rates by assuring that breast and cervical cancer screenings, diagnostic testing, and follow-up are accessible to Tennessee women. The program puts a special emphasis on outreach to rural white, African, American and Hispanic women who are ages 50-64, have low incomes and are uninsured or underinsured.

The health department is considered to be a screening provider which provides clinical breast and pelvic examinations and Pap test for eligible women. If an abnormality is noted the provider refers the patient to a referral provider.

### Child Health

Healthy children are a major priority of the health department. Well child checkups include physical exams, screening tests and immunizations. Screenings are available to assure normal development and to detect and treat any medical condition for persons from birth to 21 years of age. We strongly recommend regular checkups and we make referrals for medical/dental services to be sure all children are as healthy as they can be.

### Children's Special Services (CSS)

This service assists with medical treatment for children to age 21, when they have special medical needs and the family is financially unable to provide for necessary care. This service may also include speech and hearing screenings.

## Dental Clinic

Dental Services are provided to uninsured children and those with [TennCare](#), under the age of 21. Adults are only seen in cases of emergency.

## Family Planning

Patients receive a complete physical exam and all appropriate lab tests, and are taught about birth control methods and supplied with their chosen method (unless there is a medical reason that would be dangerous). Many infections and other contraceptive problems can also be treated.

## Food and General Sanitation

Environmental specialists are responsible for inspecting food service establishments, hotel/motels, public swimming pools, bed and breakfast, child care facilities and school plants.

## Health Education

A health educator is available to provide educational services to patients, schools and community groups upon request.

## HUGS (Help Us Grow Successfully) Program

Home visits are made by a care coordinator to families whose infants may be at risk for medical or developmental problems. This follow-up begins during the prenatal period. Teen mothers and their infants are given highest priority.

## Immunizations

Immunizations against polio, diphtheria, whooping cough, lockjaw, measles, mumps, rubella (German measles), Hemophilus, and Hepatitis B are provided for children. Influenza (flu) and pneumonia immunizations and diphtheria - tetanus boosters are also available to adults for lasting protection against these diseases.

## Motor Voter Program

[Voter registration forms](#) will be available and assistance in completing the forms will be provided.

## Nutrition Services

With physician referral, our nutritionist counsels individuals with special dietary needs such as hypertension, diabetes, and weight management. Nutrition education also provided to community agencies, groups, and schools by the Health Educator.

## Prenatal

Pregnancy testing and referral are available.

## Primary Care

Provide medical consultation and care to uninsured and uninsurable at a \$5.00 minimum fee. Education, medical exams, lab test, and some medicines and supplies for people who meet eligibility requirements are provided. These services are designated primarily for individuals who are 19-64 years of age.

## Vital Records

Persons born in Tennessee after 1949 may obtain a certified copy of their birth certificate Monday through Friday, from 8am to 4pm. Others born before 1949 may obtain an application form and forward to Division of Vital Records in Nashville. Certified copies of death certificates can also be obtained through the registrar. A small fee is charged for copies of birth and death certificates. Paternity acknowledgement for the birth certificate can also be obtained at this location.

## Sexually Transmitted Diseases (STD)

The health department provides **FREE** confidential testing and treatment for syphilis, gonorrhea, chlamydia, and HIV. Contact follow-up conducted to avoid further spread of disease. Services are available without parental consent.

## TENNderCare

A program of ensuring checkups and healthcare services for persons from birth to 21 years age who have TennCare. Community Outreach Representatives are available to promote the importance of well child checkups and preventive care to individuals and group settings through participation in community activities, schools, agencies and home visits. For more information, call **1-800-342-3145**.

[TENNder Care Website](#)

## Tuberculosis Control

Diagnosis, treatment, and follow-up of the tuberculosis patient and contacts are provided. Medication, when needed, is available at the health department.

## Women, Infants and Children (WIC) Nutrition Program

WIC is a federal program designed to provide supplemental food to low-income pregnant, postpartum and breastfeeding women, infants and children until the age of five. The program provides a

combination of nutrition education, supplemental foods, breastfeeding promotion and support, and referrals for health care. WIC has proven to be effective in preventing and improving nutrition related health problems.

[State of TN WIC Program](#)

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*Please Note that many of our services are income-based. Contact the TCHD for more details.*